Health
Sport and Exercise Science

Knowledge, understanding and compliance with Australian Law and professional regulations, facilitates effective, professional, responsible and accountable graduates and is necessary to work effectively and meet professional registration requirements.

Related Professional Requirements: Privacy Act 1988, Health Practitioner Regulation National Law (ACT) Exercise Sport Science Australia ESSA Professional Standards

Comply with the requirements for student registration with Exercise Sport Science Australia and policies of dinical facilities (e.g. Work Health and Safety Act and uniform requirements).

Obtain informed consent prior to assessment and intervention in the community and clinical setting. Prepare and provide documentation according to legal requirements and accepted procedures and standards.

Ability to communicate effectively, in English, to a standard that allows clear, scholarly, and professional-level messages and text with language use and style appropriate to the audience.

Communication skills are an essential requirement to develop and maintain trusting relationships, and to perform effectively in an academic and complex professional environment, as well as solve problems and communicate knowledge and understanding of relevant subject matter effectively.

Construct coherent written communication to an academic and professional standard as appropriate to the circumstances.

Advocate for the needs of others and facilitate behavioural change and self-management in others. Construct patient notes, reports and information sheets in a timely manner that meet legal and professional standards.

Instruct others in the safe and effective execution of exercise performance.

Ability to assess concepts and meaning in English, using knowledge of language, background knowledge, critical thinking skills, and self-reflection.

Communication skills are an essential requirement to develop and maintain trusting relationships, and to perform effectively in an academic and / £ 11.04Tf1 0 en-5em

List ening to the dient/patient and synthesising what is actually being conveyed, communicating the persons needs, requirements and/or feedback.

Ability to extract relevant patient information to provide best evidence-based care.

Interpret verbal and written feedback from subjects to aid in the safe and effective delivery of exercise.

Respectful communication with others, including the ability to understand, display and respect empathy, build rapport and gain trust to ensure meaningful and effective interactions with people they engage with.

Observing and detecting subtle changes in posture, movement and the ability to perform functional activities during assessment and/or treatment.

Monitor the broader environment, including multiple patients and events simultaneously (e.g. safely

The use of statistical software.

The use of exercise software for performance analytics.

Creating electronic medical records.

Developing accessible resources for clients.

Researching electronic journals and submitting assignments online.

Interaction with fully online course material through the learning management system.

Consistently completes tasks in a timely manner and within a designated period, where required, while maintaining consistency and quality of performance.

Tasks must be completed consistently and with respect to industry or workplace defined timeframes.

Attend community or clinical placements in a range of settings to demonstrate competencies and meet required hours for professional accreditation, within a reasonable period.

On time completion of projects and placement within industry.

Commitment to self-development in the field through educational engagement and completing tasks on time. Engaging with taught material and updating/maintaining knowledge as the degree progresses through a scaffolded approach.